



Elizabeth Inskeep

Coaching Experience:

- Alliance Volleyball Club (2026-Present)
 - 16 REN Practice Coach
- Club 757 (2025-2026)
 - 17-1 Assistant Coach
- Heart of Virginia (2025)
 - 17-1/18-1 Assistant Coach
 - Private Lesson Instructor
- MN Select (2021-2025)
 - Private Lesson Instructor

Education:

- M.S. Marketing, Sports Marketing Concentration – Liberty University
- B.S. Media Arts & Design – James Madison University

Playing Experience:

- Liberty University (2024-2025)
 - CSC Academic All-District
 - C-USA Commissioner's All-Academic selection
- James Madison University (2020-2025)
 - 2022 Sun Belt Champion
 - 2x NCAA Tournament participant
 - 2020 CAA All-Rookie Teams
 - VASID All-State Second Team
 - 2x CSC Academic All-District
- Wayzata High School, MN (2016-2020)
 - Prep Volleyball 1st Team All-American
 - Gatorade MN Player of the Year Finalist
 - Miss Volleyball Finalist
 - 2x First Team All-State selection
 - Team Captain

Personal:

- Hometown: Plymouth, MN
- Works in marketing, loves spending time with her husband and their dog