

# Lauren Gachkar

## **Coaching Experience:**

- Alliance Volleyball Club (2025-Present)
- Grace Christian Academy, Middle School Varsity Head Coach (2025-Present)
- Fieldhouse USA Team (8 seasons)
- Club Como (2008-2010)
- Show Me State Team (2008-2010)

#### **Education:**

B.S. in Mass Communications, University of Missouri

### Playing Experience:

- AVP Training Team (2010-2012)
- University of Missouri (2007-2010)
  - o Academic All Big 12
- Central Missouri (2006-2007)
- 2006 Kansas State Volleyball Players of the Year
- 2006 Gatorade Player of the Year Runner Up
- 2006 Kansas State Champion
- 4x Volleyball MVP

#### Personal:

- Moved from Dallas
- Owns an online shop, BKLYN LNDN
- Married to Andrew, with two daughters, Brooklyn and London
- 17 year old dog, Lilly
- Loves to play pickleball and do Bible Study