



Alex Dempsey

Coaching Experience:

- Alliance Volleyball Club (2024-Present)
 - 2025 15 Regional Head Coach
- Ithaca College, Club Coach (2019-2020)
- High School Assistant Coach (2020)

Education:

- Bachelor's Degree, Ithaca College

Playing Experience:

- Ithaca College Club Team
- MacArthur High School (NY)
 - All-County Selection
 - All-Time leader in points scored
- Sportime Volleyball Club

Personal:

- Hometown: Wantagh, NY
- Grew up playing in the gym with his mom
- Loves cooking, and Star Wars