



# Alex Dempsey

15 Regional Head Coach

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## **Coaching Experience**

- Ithaca College Club Coach
  - 2019-2020 - Two years overseeing practices for men's and women's camps, clinics, practices and games for Ithaca College Club teams
- High School Assistant Coach
  - 2020 - COVID season helping run practices and scheduling for local high school team

## **Education**

- Ithaca College - B.M. in Sound Recording Technology

## **Personal**

- I love to cook, watch movies and tv, and play guitar.