



Torrie Gladieux

13 Premier Head Coach

Coaching Experience

- 1 year coaching!
- Private lessons and programming

Education

- Exercise Science Degree— Minor in Holistic Health

Playing Experience

- I had the honor for playing for Bedford school district for 10 years, from ages 8-18! I was a varsity starting setter in an A Class school that had (in previous years) made it to states and won a multitude of times— located in Temperance, Michigan! I then moved on to have a D2 scholarship offer from Molloy College in Rockville Centre, NY. I played there until I had a knee injury and was diagnosed with autoimmune, so then I decided to focus on my future outside of sports!

Personal

- I'm a Jesus lover, Holistic Health Coach, mother to a beautiful toddler, and wife to an amazing man! Volleyball was my absolute life up until I had a baby, and I'm so excited to be able share my experiences and lessons with my team! My favorite thing about volleyball is that it's a sport that provides you a new perspective in life, even after you walk away from the court.