



**Name:** Rick Hess

**Team:** 18 Molten

**Coaching Experience:**

- Heading into my 20<sup>th</sup> year of coaching
- 17 year of club coaching in Tennessee (Alliance and Select volleyball clubs)
- Sunset Middle School head coach 5 years (started this program)
- High school Coaching experience
  - o Wagner High School - 1 Year
  - o Bowling Green High School – 1 year (started this program)
  - o Ravenwood High School – 4 years,
  - o Currently head coach of Page High School – 7 year
  - o Men’s Club team at Western Kentucky University (2 years).
  - o I played for Western Kentucky University Men’s Club team from 1995-1999 as a setter/Defensive Specialist.

**Playing Experience:**

- Played for Western Kentucky University Men’s Club team from 1995-1999 as a setter/Defensive Specialist.

**Education:**

- Bachelor’s degree from WKU in Physical Education
- Certification in Personal Finance

**Professional:**

- 2015 – Present Teacher at page High School (Wellness/Personal Finance/Head Volleyball Coach)
- 2005-2015 PE Teacher/Athletic Director – Sunset Middle School
- 2002-2014 PE Teacher Smyrna Elem.
- 2001-2002 PE Teacher Wagner High School
- 1994-1999 CAD Operator @ E.R. Ronalds and Associates Engineer Consultants

**Personal:**

- I have been married for 20 years to my beautiful wife Brooke Hess and have three wonderful children Delaney-14, Cullen -11, and Blakelyn who is 3 years.

