

# 12'S



# TRAINING

## PROGRAM DESCRIPTION

A FUN, SUPPORTIVE ENVIRONMENT FOR DEVELOPING PLAYERS TO BUILD SKILLS AND CONFIDENCE WHILE LEARNING TO LOVE THE GAME. TRAINING EMPHASIZES FUNDAMENTALS, ALL-POSITION DEVELOPMENT, AND BALANCED INSTRUCTION WITH AN ~8:1 PLAYER-TO-COACH RATIO.

## TRAINING DATES & TIMES

WEDNESDAYS: 3/24, 3/31, 4/7, 4/14, 4/21, 4/28  
4:30 PM - 6:00 PM

FRIDAYS: 4/2, 4/9, 4/16, 4/23  
4:30 PM - 6:00 PM

## TRAINING PROGRAM INCLUDES

AGES 11 & 12

(OLDER 10 YEAR OLDS WHO HAVE COMPLETED AT LEAST TWO SESSIONS OF LITTLE DIGGERS WILL BE CONSIDERED FOR ACCEPTANCE)

## COST & HOW TO REGISTER

5 WEEK PROGRAM (WEDNESDAYS & FRIDAYS)  
\$325

\* REFER TO OUR WEBSITE FOR CAMP AND CLINIC REFUND POLICY

REGISTER ON-LINE AT [WWW.ALLIANCEVBC.COM](http://WWW.ALLIANCEVBC.COM).  
CLICK ON "SIGN IN" TO CREATE AN ACCOUNT.

\*BE SURE TO UPDATE YOUR PLAYER'S T-SHIRT SIZE.

MORE INFORMATION

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