



LITTLE DIGGERS

- Ages 4-9
- Lite Balls Only (Lightweight, Micro-Fiber composite cover, 8.1oz – players 12 & under)
- Designed to emphasize ball control & court movement. Each session will consist of a skill emphasis that will be incorporated into series of small group games that are competitive in nature.
- Teach and train volleyball fundamentals for beginners, as well as focusing on motor skill development and hand eye coordination.

Tuesdays 4:45–6:15PM
Aug. 11, 18, 25 and Sept. 1

Registration Opens May 20, 2026

Program Cost

\$170

** Please refer to our website for details regarding our refund policy.

Please visit our website www.alliancevbc.com. Click "Sign In" in the top right-hand corner to sign into or create your Alliance account. Please make sure your player is listed as a dependent on your account and their t-shirt size is up-to-date.

* You do not need to bring your own volleyball.



 Brianna Legieza
Programming Manager
blegieza@alliancevbc.com

 www.alliancevbc.com

 215 Gothic Ct., Franklin, TN

 615-712-9265