



# Fall Youth Training 2026

## Alliance Volleyball Club

Introducing and implementing volleyball fundamentals training in a small group setting. The program will employ small group training, station work and ability - tailored instruction.

### Program Cost \$275

\*\* You can find our full refund policy on our website

Each session will be a 9:1 player/coach ratio.



## 11 Year Olds

We use a lighter ball, smaller court segments and lower nets. The program's focal point is fun and enjoyment; at the same time developing agility, hand eye coordination, body movement and ball control work. All aspects of the game are taught through drills and game play. Coaches work closely with player on the court to ensure positive and constructive feedback.

## 12 and 13 Year Olds

Designed to teach proper technique in all fundamental volleyball skills - serving, passing, setting, and attacking. Players develop skills through focused drills, small-group work, and 6v6 game play, with hands-on coaching and positive feedback.

Mondays and Thursdays starting August 3<sup>rd</sup> from 5:30-7PM

**Mondays:** 8/3, 8/10, 8/17, 8/24, 8/31

**Thursdays:** 8/6, 8/13, 8/20, 8/27, 9/3

To register click "Sign In" to log into or create your Alliance account. Make sure your athlete is listed as a dependent on your account and their **t-shirt size is correct.**