

### **WINTER LEAGUE 2025 INFORMATION**

**Eligible Ages:** 3rd Grade – 8th Grade **Length of Program:** 5 Weeks

**Registration Fee:** \$235 (Cancellation Policy: On or after 12/23/24 - 12/31/23 = 50% refund; after 1/1/23 = 0% refund)

• There will be a \$25 processing fee for all refunds (\$25 to be subtracted from the amount being refunded)

Location: All practices & games will be held at the TOA, (215 Gothic Ct., Franklin, TN 37067)

Practice Days: Monday, Tuesday, Wednesday, or Thursday **BY DIVISION** 

\*Be sure to pay close attention to when each division's practice times are offered! Not all divisions are offered every day.

DEVELOPMENTAL OFFERINGS		INTERMEDAITE OFFERINGS		ADVANCED OFFERINGS	
Tuesday 5:00-6:20	1/7, 1/14, 1/21, 1/28,	Monday 6:05-7:25	1/6, 1/13, 1/20, 1/27,	Monday 4:45-6:05	1/6, 1/13, 1/20, 1/27,
	2/4		2/3		2/3
Wednesday 6:00-7:20	1/8, 1/15, 1/22, 1/29,	Monday 7:25-8:45	1/6, 1/13, 1/20, 1/27,	Monday 6:30-7:50	1/6, 1/13, 1/20, 1/27,
	2/5		2/3		2/3
Thursday 5:00-6:20	1/9, 1/16, 1/23, 1/30,	Wednesday 6:00-7:20	1/8, 1/15, 1/22, 1/29,	Wednesday 7:20-8:40	1/8, 1/15, 1/22, 1/29,
	2/6		2/5		2/5
		Wednesday 7:20-8:40	1/8, 1/15, 1/22, 1/29,		
			2/5		

#### Game Days: Friday

- Each team will receive 90 minutes of game play (three, thirty-minute-long games)
  - o Friday Game Dates: 1/10, 1/17, 1/24, 1/31, 2/7
- Developmental Division Game Times: Between 5:00 6:40 (**tentatively**)
- Intermediate Division Game Times: Between 6:50 8:30 (tentatively)
- Advanced Division Game Times: Between 5:00 6:40 (tentatively)

#### **REGISTRATION INFORMATION**

**Registration Deadline:** December 9, 2024, **OR** once all spots are filled in the respective division!

- After December 9 <u>OR</u> once all spots are filled, any registrations received thereafter will be placed on a waitlist for admission to the program. Players will be removed from the waitlist and subsequently offered a spot in the program pending available space, and registration fee will be prorated accordingly. Alliance does not charge your credit card when you are placed on the waitlist, it simply holds your spot in the order the registrations were received.
  - You are only charged once we have confirmed with you, that we can get your daughter off the waitlist and assigned to a team.

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- If you will be requesting for your child to play on the same team as friend(s) or classmate(s) ... your registration must include the same information regarding practice day/time requests. Although requested, placement on the same team is unfortunately not guaranteed. Due to the limited number of spaces available, it is highly recommended that any player interested in participating be registered sooner rather than later.
- Winter League registration does <u>NOT</u> run through your Alliance account! Winter League registration will run through Alliance's EZ Facility, where unique registration links are required to complete online registration.
- Registration is best completed on a personal laptop or home computer. From previous experience, the security
  settings on the networks of many business computers prevent the registration page from pulling up properly on the
  web browser. The use of a cell phone or tablet for registration is highly discouraged.
- Before registering your child, please be sure to read through "Suggested Skill Sets for Developmental, Intermediate,
  and Advanced Divisions of Play" as well as "Winter League 2025 FAQ" which appear below. These resources should be
  most valuable in the registration process.
- You will be notified via email no later than the week of December 16th with their coach's name, names of other teammates, confirmation of practice time, and other logistics.

## Suggested Skill Sets for Developmental, Intermediate, and Advanced Divisions of Play

#### Developmenta

- Player is interested in learning more about the fundamentals of the game
- Minimal previous experience in organized volleyball (leagues, camps, clinics)
- Ball used during game play: VBU12 Youth Volleyball
- Net Height: 7 feet
- \* Serving Rules During Game Play: At coach's discretion, server may serve first three balls from the 3-meter line. Once she serves the first three successfully, she must step back to the 6-meter line. Players will be allowed one re-serve if the *first* serve from the three little meter line is messed.

#### **Intermediate**

- Player should be able to execute the following skills: Serve accurately (overhand or underhand) from a
- distance of at least 6 m from the net
   Utilize the forearm passing volleyball skill to direct the ball forward and up in the air consistently
- Play a ball utilizing the overhead passing/setting volleyball skill
- Understand the use of three contacts before the ball is sent back to the opponent's side
- Knowledge of clockwise "rotating" pattern and basic understanding of responsibilities of different positions (i.e., the setter should play the second contact)
- Ball used during game play: Molten L2
- Net Height: 7 feet, 4 1/8 inches (regulation)
- \* Serving Rules During Game Play: At coach's discretion, server may serve first three balls from the 6-meter line. Once she serves the first three successfully, she must step back to the regular volleyball in line.

#### Advanced

- Player should be able to execute the following skills: - Serve accurately (preferably overhand) from the regular volleyball endline.
- Utilize the forearm passing volleyball skill to direct the ball to a "target" position or player (i.e., the setter)
- Direct a second ball contact (i.e., set) to a teammate utilizing the overhead passing/setting volleyball skill
- Ability to utilize a spiking/attacking motion to send third contact to opponent's side of the net
- At least basic understanding of specific positional responsibilities as it relates to playing in a designated space on the court
- Ball used during game play: Molten Soft Touch
- Net Height: 7 feet, 4 1/8 inches (regulation)
- \* Serving Rules During Game Play: All servers will always serve from the regular volleyball in line



### **WINTER LEAGUE 2025 FAQ**

### **Question:** Can I request a practice time?

<u>Answer</u>: Yes! Families will be allowed to identify a preferred practice time as well as preferred practice day. Families will also be asked to identify the most important factor in their child's team placement (practice time, practice day, friend request). Please remember that the earlier you register, the more likely you are to receive your preferred requests.

<u>Question</u>: Which division of play is most appropriate for my child? My child played in the Developmental division during the Fall League, but I feel that her skills improved considerably. Should we register for the Intermediate division for Winter League? How do I know if we should move up a division?

Answer: The aforementioned "Suggested Skill Sets for Developmental, Intermediate, and Advanced Divisions of Play" should be the first resource to reference when trying to best answer this question. Beyond that, if you are trying to determine a level of competition within a division relative to the Fall League, do keep in mind that approximately 1/3 of the players participating in Advanced Division during the Fall League will not continue on to play in the Winter League because they are playing on a travel team. With that shift, if you feel as though your child may be on the bubble between Developmental-Intermediate or Intermediate-Advanced, you may want to explore moving them up a division for the Winter League. If I can be of further assistance in answering any family-specific questions, please feel free to reach out to me.

## Question: Can I request for my child to play on the same team as her friend(s), classmate(s), or current Fall League teammate(s)?

<u>Answer</u>: Yes! Please make sure that all participants who wish to be on the same team together complete registration ASAP. Additionally, please make sure that the members of your group are registering for the same division and if your group will be requesting preferred practice time and/or day, please make sure that all families in the group are on board with those requests. Please note the names of requested friends in "Notes and Comments" section of the registration page.

# <u>Question</u>: My child is currently playing on a Fall League team. If I sign her up for the Winter League, will she be placed on a team with her current Fall League teammates?

<u>Answer</u>: Not necessarily! The Winter League is a separate program from the Fall League, so I will not be referencing Fall League rosters when forming Winter League teams. Once again, however, if your child has had a particularly positive experience playing on a Fall League team with another player or group of players, you may certainly request for that group to play again together on the same Winter League team.



### Question: Does my child have to try-out for the Winter League?

<u>Answer</u>: No, there is no try-out for the Winter League. Additional factors that are taken into consideration when forming teams include: Player's Age, Player's Grade, Player's School, etc.

## <u>Question</u>: My child had a very positive experience with her Fall League coach. Can we request to have that coach again?

<u>Answer</u>: Many of our coaches who coach during the Fall League do not necessarily coach during the Winter League. That said, if your child had a great experience with a coach, our staff would like to hear about it!

#### **Question:** Why can't I find my Winter League registration on my Alliance account?

<u>Answer</u>: Your recreational league registration is not done through your Alliance account. Unfortunately, once the registration is submitted and your invoice has been sent to the email address on the registration, you will not have access to it.

### **Question:** Is there an inclement weather policy?

Answer: Should the forecast ever call for snow on the day of a Winter League practice or game, our staff will aim to make a decision by 12:00 PM (2:00 PM at the absolute latest) as to whether Winter League activities will proceed for that evening. Families will receive an e-mail informing of our decision. Practices/Games will be rescheduled as best as possible. Moreover, in cases where practices/games will proceed as scheduled, families are always urged to use their own discretion when making the decision to travel to the gym. We know that we'll have families participating in the program from all over the Midstate and that some areas might be affected differently than others by poor weather. A child will never be penalized if a family makes a decision not to travel to the gym in the case of inclement weather.

#### **REGISTRATION LINKS**

To register for the DEVELOPMENTAL division, please utilize the following link:

https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=1220&GroupID=3763285

To register for the INTERMEDIATE division, please utilize the following link:

https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=1220&GroupID=3763284

To register for the ADVANCED division, please utilize the following link:

https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=1220&GroupID=3763283