

ALLIANCE

LITTLE DIGGERS

AGES: 4-9

WHEN: Thursdays starting **October 17th** from **4:45-6:15pm** for 5 weeks
October 17th, 24th, November 7th, 14th and 21st (No session on Halloween 10/31)

COST: \$180, Registration opens September 4, 2024

WHERE: Alliance Training Center @ TOA, 215 Gothic Ct., Franklin

Ages: 4-9

- Lite Balls Only (Lightweight, Micro-Fiber composite cover, 8.1oz - players 12 & under)
- Designed to emphasize ball control & court movement. Each session will consist of a skill emphasis that will be incorporated into series of small group games that are competitive in nature.
- Teach and train volleyball fundamentals for beginners, as well as focusing on motor skill development and hand eye coordination.



How to Register

Please visit our website www.alliancevbc.com. Click "Sign In" in the top right-hand corner to sign into or create your Alliance account. Please make sure your player is listed as a dependent on your account and their t-shirt size is up-to-date.

* You do not need to bring your own volleyball.

Planning Ahead...

Next Little Diggers will begin in January

Additional Questions

Laura Burk, Alliance Youth Programming Coordinator e-mail: lburk@alliancevbc.com