# ALLIANCE RUST BUSTER CLINICS

**15-UNDER, 16-UNDER, 17-UNDER, 18-UNDER IN 2025 SEASON** 

## **PROGRAM DESCRIPTION**

THE RUST BUSTER CLINIC IS DESIGNED TO GIVE ATHLETES WHO ARE LOOKING FOR EXTRA REPS AND GYM TIME, IN PREPARATION FOR TRYOUTS, THE OPPORTUNITY TO TRAIN IN A HIGH TEMPO, STRUCTURED, NON-TRYOUT ENVIRONMENT. RUST BUSTER CLINICS WILL BE FORMATTED TO OFFER SKILL ENHANCEMENT AS WELL AS COMPETITIVE, GAME LIKE SITUATIONS.

### SUGGESTED PARTICIPANT

ANY ATHLETE PLANNING TO ATTEND TRYOUTS - REGARDLESS OF PREVIOUS CLUB AFFILIATION OR PARTICIPATION. PARTICIPANTS WILL BE TRAINED BY MEMBERS OF THE 2024-2025 ALLIANCE COACHING STAFF

#### **MEETING DATES:**

TUESDAY, OCTOBER 22, 6-8PM
WEDNESDAY, OCTOBER 23, 6-8PM
\* PLEASE PAY SPECIAL ATTENTION
TO THE TIME FOR EACH SESSION AS
THURSDAY, OCTOBER 24, 6:30-8:30PM
THEY VARY SLIGHTLY

#### **COST:**

\$150 FOR "ALL IN" OR \$60 FOR "PER DIEM"

\*NO REFUNDS WILL BE GIVEN FOR NO-SHOWS OR CANCELLATION
REQUESTS RECEIVED WITHIN 48 HOURS OF THE SESSION
\*THERE WILL BE A \$5 PROCESSING FEE PER SESSION, FOR ANY REFUNDS

REGISTRATION WILL BE AVAILABLE THROUGH OUR WEBSITE
AND WILL OPEN SEPTEMBER 1, 2024
WWW.ALLIANCEVBC.COM

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