

Alliance Volleyball Club

4th-6th Grade Training - July

ENTERING GRADES 4-6 IN THE 2024-2025 SCHOOL YEAR

PROGRAM DESCRIPTION

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Emphasis is on technical training of the five primary volleyball skills: serving, passing, setting, attacking and defense. Training will also cover game-specific strategies such as rotations, serve receive patterns and in-system vs. out of system play. Players will be assessed throughout the training sessions and grouped with like skilled players.

TRAINING DATES, TIME AND COST

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Tuesdays and Thursdays 5-6:30pm

Tuesdays: 7/9, 7/16, 7/23 and 7/30

Thursdays: 7/11, 7/18, 7/25 and 8/1

Cost: \$225 Location: ATC @ 215 Gothic Ct. Franklin

HOW TO REGISTER

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Registration opens on February 1, 2024. To register for 4th-6th Grade Training, please visit the Alliance website, www.alliancevbc.com, and click on "Sign-In" in the top right hand corner to sign in to or create your Alliance account. Please make sure your player is listed as a dependent on your account and their t-shirt size is up-to-date.



QUESTIONS?
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QUESTIONS?
CALL OFFICE PHONE
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