

6TH GRADE TRAINING CAMP

Program Description: Reinforcing the technical training of fundamental volleyball skills and also exploring more advanced volleyball strategies which athletes would likely be introduced to playing middle school volleyball for the first time. There will be a strong emphasis on first touch skills (serving & passing) as well as general ball control. Training will also cover game specific strategies that will be prerequisites for playing middle school volleyball such as rotating, serve receive patterns, and system vs. out of system play.



Dates

6/10, 6/11, 6/12, 6/13

Time

9AM - 3PM

*Kids bring their own lunch
Concessions will not be open*

Cost

\$325/athlete

Registration Opens

February 1, 2024



How to Register:

*Please visit the
Alliance website,
www.alliancevbc.com,
and click "sign-in" in the top
right hand corner to sign in.
If you don't already have an
account, you will still click
"sign-in" to create your
Alliance account. Please
make sure you have your
player listed as a dependent
on your account and their
t-shirt size is up-to-date.*

Who is Alliance: *"Alliance believes that every child should be offered the opportunity to develop skills that will enable them to excel... We strive to provide A solid foundation of fundamental and technical skills to help participants develop, not only as athletes, but also as individuals..."*
-Alliance Mission Statement

A: ATC @ 215 Gothic Ct., Franklin

P: (615)-712-9265

E: lburk@alliancevbc.com