



ALLIANCE

VOLLEYBALL CLUB

NASHVILLE, TN

Parent Meeting Agenda

- Who We Are
 - Mission Statement
 - Board of Directors & Staff
 - The Alliance Distinction
- This Season
 - Schedules & Coaches
 - Team Level and Fees
 - Tryouts
- Stay Connected...
 - Email distribution list
 - Website
 - Social Media

ALLIANCE Mission Statement

- Alliance believes that every child should be offered the opportunity to develop skills that will enable them to excel and compete successfully at the interscholastic, regional and/or national level of youth volleyball. We are a community-based non-profit organization committed to training and developing student athletes through competitive participation in the sport of volleyball.
- We strive to provide a solid foundation of fundamental and technical skills to help participants develop, not only as athletes, but also as individuals. Teaching positive lifelong character traits including sportsmanship, leadership, and cooperation are important to the success of our teams.
- We are committed to providing the best possible environment for our volleyball players to reach their maximum playing potential through excellence in coaching and community support. Our players will be challenged to excel not only for their own personal growth but also for the betterment of their team, the organization, their communities, and the development of area club coaches.

The Alliance Distinction

- **Our Coaches...** A club is only as good as its coaching staff! We strongly believe that parents and players have the right to know who will be coaching their daughter. We have hired and retained coaches who demonstrate the appropriate technical experience and skills needed to succeed as a coach, who can thrive in our club and culture, and who can support our goals as a club.
- **Our Leadership...**Our staff's experience and expertise is among the best in the country. Our Executive Director has over 10 years club leadership, our Managing Director has over 5 years club leadership, and our Club Administrator has been in her role for 15 years.
- **Our Board of Directors...**We are governed by a Board of Directors and hold regular meetings to address both long-term strategy and financial operations.
- **Our Reputation in the Volleyball Community....**We continue to forge relationships with other clubs who want to partner with us. In addition to our long standing partnerships with LA Volleyball, Union, Tsunami, USAV and AAU, we are also going into our third season partnering with K2 Volleyball and Ethos Volleyball for tournaments.
- **Our Focus on Developing the Complete Athlete...**We are committed to teaching positive lifelong character traits including sportsmanship, leadership, and cooperation, in addition to a solid foundation of fundamental and technical skills
- **Our Transparency...**We believe in open communication for parents and players and also open our gym to parents. Access to team practices allows for a better understanding of what we teach, how we teach, and the uniqueness each coach brings to our gym.

Alliance Training Center

- 12 Court Facility w/ state of the art net systems
- Optimal viewing area for practices and tournaments
- Improved Parking
- Long term lease
- HiCast streaming services for practices & tournaments

Alliance Board of Directors

John Briggs	President
Laura Burk	Coach Rep.
Steve Mullins	At Large
Laura Aylward	At Large
Sarah Rucker	Parent Rep.

Advisors to the Board

Louie Willhoit
Dean Fulton
Donna Trainer

Experienced and Proven Staff

- Ann Mullins Executive Director
- Abbey West Managing Director
- Carolyn Earp Finance and Administration
- Brianna Legieza Programming Manager/Lessons
- Kelly Holmgren Facilities Manager/ Tournament Director
- Joy Owino Asst Facilities Manager/Tournament Director
- Alex Sealy Administrative Assistant/Social Media
- John Blair Mentor Coach (15s-18s)
- Jess Enderle Recruiting Coordinator
- Laura Burk Youth Programming Manager/Mentor Coach (11s-14s)
- Rick Hess Satellite Manager
- Julia Pierson Mental Health Coach
- Joel Blocksom Positional Training Lead Coach

Always striving to be better...
feedback is essential.

- Coach Self Evaluations
- Coach end of season meeting with directors
- Parent Leader Mid Season Meetings
- End of Season Parent Survey

This Season...

- **Team Descriptions**
- **Coaching Staff**
- **Practice Schedules**
- **Tournament Schedules**

Team Levels

- REN – includes 111, 121, 131, 141, 151, 161, 171, 181
- Molten – includes 122, 132, 142, 152, 162, 172, 182
- Premier – includes 133, 143, 153, 163, 173/183
- Regional – includes 123, 134, 144, 145, 154, 164
- Local – includes 11L, 16L, 18L

(Use the team number to determine practice and tournament schedules)

Coaching Staff Ages 11-14

14 REN: Lauryn Hyman, Mikaela Weidmann

14 Molten: Grant Harford, Allie Stranick

14 Premier: Sydney McFarlin

14 Regional Black: Tiana Dalton

14 Regional Teal: Tbd

12 REN: Laikin Ramirez

12 Molten: Kelly Holmgren

12 Regional Black: Joy Owino

13 REN: Alex Sealy, CJ Rilveria

13 Molten: Brooke Johnson

13 Premier: Tbd

13 Regional Black: Ted Martinez

11 REN: Ellen Mullins, Emma Kowalkowski

11 Local: Taylor Smith

Coaching Staff Ages 15-18

18 REN: Abbey West, Julia Pierson

18 Molten: Rick Hess, Conor Flynn

17/18 Premier: Laikin Ramirez, Stephanie Davis

18 Local: Christina Saenger

16 REN: Jess Enderle, Gabby Culpepper

16 Molten: Samantha Young

16 Premier: Tbd

16 Regional: Tbd

16 Local: Tbd

17 REN: John Blair, Erika Moss

17 Molten: Brianna Legieza, Tiana Dalton

15 REN: Laura Burk, Conor Flynn

15 Molten: Christina Saenger, Meggie Gradel

15 Premier: Liz Waltrip

15 Regional: Tbd

DECEMBER PRACTICE SCHEDULE

WEEK 1

MONDAY: 11/28

4:30-6:30 = 172, 162, 163, 151, 152, 153 – (Prime @ 6:35-7:05)

6:30-8:30 = 121, 122, 131, 132, 133, 141, 142, 143 – (Prime @ 5:55-6:25)

TUESDAY: 11/29

4:30-6:30 = 181, 182, 171, 161 - (Prime @ 6:35-7:15/30)

6:30-8:30 = 183 - (Prime @ 5:55-6:25)

WEDNESDAY: 11/30

4:30-6:30 = 181, 182, 171, 161 - (Prime @ 6:35-7:15/30)

4:30-6:30 = 183, 172, 162, 163, 151, 152, 153 – (Prime @ 6:35-7:05)

6:30-8:30 = 121, 122, 131, 132, 133, 141, 142, 143 – (Prime @ 5:55-6:25)

WEEKS 2 & 3

Monday: 12/5, 12/12

4:30-6:30 = 172, 162, 163, 151, 152, 153 – (Prime @ 6:35-7:05)

6:30-8:30 = 121, 122, 131, 132, 133, 141, 142, 143 – (Prime @ 5:55-6:25)

Tuesday: 12/6, 12/13

4:30-6:30 = 181, 182, 171, 161 - (Prime @ 6:35-7:15/30)

6:30-8:30 = 183, 164, 154 - (Prime @ 5:55-6:25)

Wednesday: 12/7, 12/14

4:30-6:30 = 172, 162, 163, 151, 152, 153 – (Prime @ 6:35-7:05)

6:30-8:30 = 121, 122, 131, 132, 133, 141, 142, 143 – (Prime @ 5:55-6:25)

Thursday: 12/8, 12/15

4:30-6:30 = 181, 182, 171, 161 - (Prime @ 6:35-7:15/30)

6:30-8:30 = 183, 164, 154 - (Prime @ 5:55-6:25)

Winter Break (Practices resume Monday, January 2nd)

	181	182	183	171	172	161	162	163	164	151	152	153	154	16/18 Local
	9	9	9	11	11	11	11	11	8	11	11	11	8	5
1/7-1/8														
1/14-1/15	AAU MLK	AAU MLK	AAU MLK	AAU MLK	AAU MLK	AAU MLK	AAU MLK	AAU MLK		AAU MLK	AAU MLK	AAU MLK		
1/21-1/22									Music City Block Party				Music City Block Party	Music City Block Party
1/27-1/29	Florida Fest. (Ft. Lauderdale)	Florida Fest. (Ft. Lauderdale)												
2/4-2/5				Beast. (Atlanta)	Beast. (Atlanta)	Beast. (Atlanta)	Beast. (Atlanta)	Beast. (Atlanta)		Beast. (Atlanta)	Beast. (Atlanta)	Beast. (Atlanta)		Club Clash
2/11-2/12	Block and Roll	Block and Roll	Block and Roll	Block and Roll	Block and Roll	Block and Roll	Block and Roll	Block and Roll	Block and Roll	Block and Roll	Block and Roll	Block and Roll	Block and Roll	
2/18-2/19	Pres Day Classic. (St Louis). 2/18-2/20	Pres Day Classic. (St Louis). 2/18-2/20	Music City Pres Day	Pres Day Classic. (St Louis). 2/18-2/20	Pres Day Classic. (St Louis). 2/18-2/20	Pres Day Classic. (St Louis). 2/18-2/20	Pres Day Classic. (St Louis). 2/18-2/20	K2 Pres Day (Knoxville)	K2 Pres Day (Knoxville)	Pres Day Classic. (St Louis). 2/18-2/20	Pres Day Classic. (St Louis). 2/18-2/20	K2 Pres Day (Knoxville)	K2 Pres Day (Knoxville)	
2/25-2/26			AAU Super Regional						AAU Super Regional				AAU Super Regional	
3/4-3/5	NEQ. (Philladelphia). 3/3-3/5	NEQ. (Philladelphia). 3/3-3/5		Bluegrass. (Louisville)	Bluegrass. (Louisville)	Bluegrass. (Louisville)	Bluegrass. (Louisville)	Bluegrass. (Louisville)		Bluegrass. (Louisville)	Bluegrass. (Louisville)	Bluegrass. (Louisville)		St Paddy Day
3/11-3/12	18s Regional Bid	18s Regional Bid												
Spring Break.														
3/17-3/19	MEQ. (Indianapolis)	MEQ. (Indianapolis)												
3/25-3/26			Blues City Bash (Memphis)						Blues City Bash (Memphis)				Blues City Bash (Memphis)	
4/1-4/2			NashVegas	Big South. (Atlanta). 3/31-4/2	Big South. (Atlanta). 3/31-4/2	Big South. (Atlanta). 3/31-4/2	Big South. (Atlanta). 3/31-4/2	Big South. (Atlanta). 3/31-4/2	NashVegas	Big South. (Atlanta). 3/31-4/2	Big South. (Atlanta). 3/31-4/2	Big South. (Atlanta). 3/31-4/2	NashVegas	NashVegas
4/8-4/9	Easter	Easter	Easter	Easter	Easter	Easter	Easter	Easter	Easter	Easter	Easter	Easter	Easter	Easter
4/15-4/16	JVA World (Louisville). 4/14-4/16	JVA World (Louisville). 4/14-4/16	Rocky Top Bash (Gatlinburg)	NEQ. (Philladelphia). 4/14-4/16	NEQ. (Philladelphia). 4/14-4/16	NEQ. (Philladelphia). 4/14-4/16	NEQ. (Philladelphia). 4/14-4/16	NEQ. (Philladelphia). 4/14-4/16		JVA World (Louisville). 4/14-4/16	JVA World (Louisville). 4/14-4/16	JVA World (Louisville). 4/14-4/16		
4/22-4/23			Regionals?	Regionals. (Atlanta)	Regionals. (Atlanta)	Regionals. (Atlanta)	Regionals. (Atlanta)	Regionals. (Atlanta)	Regionals?	Regionals. (Atlanta)	Regionals. (Atlanta)	Regionals. (Atlanta)	Regionals?	
4/29-4/30	GJNC. (Columbus). 4/28-4/30	GJNC. (Columbus). 4/28-4/30	Regionals?						Regionals?				Regionals?	
5/6-5/7														
5/13-5/14			MidSouth Mayhem	MidSouth Mayhem	MidSouth Mayhem	MidSouth Mayhem	MidSouth Mayhem	MidSouth Mayhem	MidSouth Mayhem	MidSouth Mayhem	MidSouth Mayhem	MidSouth Mayhem	MidSouth Mayhem	MidSouth Mayhem
5/20-5/21														
5/27-5/28														
6/3-6/4				Rally Rumble (Cartersville, GA)	Rally Rumble (Cartersville, GA)	Rally Rumble (Cartersville, GA)	Rally Rumble (Cartersville, GA)	Rally Rumble (Cartersville, GA)		Rally Rumble (Cartersville, GA)	Rally Rumble (Cartersville, GA)	Rally Rumble (Cartersville, GA)		
6/10-6/11														
6/17-6/18				Play day with TK (6/17)	Play day with TK (6/17)	Play day with TK (6/17)	Play day with TK (6/17)	Play day with TK (6/17)		Play day with TK (6/17)	Play day with TK (6/17)	Play day with TK (6/17)		
USAV Nationals 6/14-7/6				GJNC. (Chicago). 7/3-7/6	GJNC. (Chicago). 7/3-7/6	GJNC. (Chicago). 7/3-7/6	GJNC. (Chicago). 7/3-7/6	GJNC. (Chicago). 7/3-7/6		GJNC. (Chicago). 6/28-7/1	GJNC. (Chicago). 6/28-7/1	GJNC. (Chicago). 6/28-7/1		
AAU Nationals. 6/13-6/29				*AAU (Orlando) 6/22-6/25	*AAU (Orlando) 6/22-6/25	*AAU (Orlando) 6/26-6/29	*AAU (Orlando) 6/26-6/29	*AAU (Orlando) 6/26-6/29		*AAU (Orlando) 6/18-6/21	*AAU (Orlando) 6/18-6/21	*AAU (Orlando) 6/18-6/21		

**AAU Nationals - Teams will only attend AAU's if they do not qualify for USAV Nationals and/or do not get accepted into the Patriot Division of USAV Nationals*

	141	142	143	144	145	131	132	133	134	121	122	123	111	11 Local
	11	11	8	7	7	11	9	8	7	10	8	6	7	5
1/7-1/8														
1/14-1/15	AAU MLK	AAU MLK	AAU MLK			AAU MLK	AAU MLK			AAU MLK	AAU MLK			
1/21-1/22				Music City Block Party	Music City Block Party		Music City Block Party	Music City Block Party	Music City Block Party			Music City Block Party	Music City Block Party	Music City Block Party
1/28-1/29														
2/4-2/5	Beast. (Atlanta)	Beast. (Atlanta)				Beast. (Atlanta)				Beast. (Atlanta)		Club Clash	Club Clash	Club Clash
2/11-2/12	Block and Roll	Block and Roll	Block and Roll			Block and Roll	Block and Roll	Block and Roll	Block and Roll	Block and Roll	Block and Roll			
2/18-2/20	Pres Day Classic. (St Louis). 2/18-2/20	K2 Pres Day (Knoxville)	K2 Pres Day (Knoxville)			Pres Day Classic. (St Louis). 2/18-2/20	K2 Pres Day (Knoxville)	K2 Pres Day (Knoxville)	Music City. Pres Day	Music City. Pres Day	Music City. Pres Day			
2/25-2/26				AAU Super Regional	AAU Super Regional						AAU Super Regional	AAU Super Regional	AAU Super Regional	
3/4-3/5	Bluegrass. (Louisville)	Bluegrass. (Louisville)	Bluegrass. (Louisville)			Bluegrass. (Louisville)	Bluegrass. (Louisville)	Bluegrass. (Louisville)		Bluegrass. (Louisville)		St Paddy Day	Bluegrass. (Louisville)	St Paddy Day
3/11-3/12														
	Spring Break		Spring Break.		Spring Break.		Spring Break.		Spring Break.		Spring Break.		Spring Break	
3/17-3/19														
3/25-3/26	MEQ. (St Louis) 3/24-3/26	MEQ. (St Louis) 3/24-3/26	Blues City Bash (Memphis)	Blues City Bash (Memphis)	Blues City Bash (Memphis)	MEQ. (St Louis) 3/24-3/26	Blues City Bash (Memphis)	Blues City Bash (Memphis)	Blues City Bash (Memphis)		Blues City Bash (Memphis)			
4/1-4/2	Big South. (Atlanta). 3/31-4/2	Big South. (Atlanta). 3/31-4/2		NashVegas	NashVegas	Big South. (Atlanta). 3/31-4/2			NashVegas	Big South. (Atlanta). 3/31-4/2		NashVegas	NashVegas	NashVegas
4/8-4/9	Easter	Easter	Easter	Easter	Easter	Easter	Easter	Easter	Easter	Easter	Easter	Easter	Easter	Easter
4/15-4/16			NashOpen	Rocky Top Bash (Gatlinburg)	Rocky Top Bash (Gatlinburg)		NashOpen	NashOpen	Rocky Top Bash (Gatlinburg)		NashOpen			NashOpen
4/22-4/23	Regionals. (Atlanta)	Regionals. (Atlanta)	Regionals?	Regionals?	Regionals?	Regionals. (Atlanta)	Regionals?	Regionals?	Regionals?	Regionals. (Atlanta)	Regionals?	Regionals?	Regionals?	
4/29-4/30			Regionals?	Regionals?	Regionals?		Regionals?	Regionals?	Regionals?		Regionals?	Regionals?	Regionals?	
5/6-5/7														
5/13-5/14	MidSouth Mayhem	MidSouth Mayhem	MidSouth Mayhem	MidSouth Mayhem	MidSouth Mayhem	MidSouth Mayhem	MidSouth Mayhem	MidSouth Mayhem		MidSouth Mayhem	MidSouth Mayhem		MidSouth Mayhem	
5/20-5/21														
5/27-5/28														
6/3-6/4	Rally Rumble (Cartersville, GA)	Rally Rumble (Cartersville, GA)				Rally Rumble (Cartersville, GA)				Rally Rumble (Cartersville, GA)				
6/10-6/11														
6/17-6/18	Play day with TK (6/17)	Play day with TK (6/17)												
USA Nationals 6/14-7/6	GJNC. (Chicago). 6/28-7/1	GJNC. (Chicago). 6/28-7/1				GJNC (Minneapolis) 6/14-6/17				GJNC (Minneapolis) 6/14-6/17				
AAU Nationals. 6/13-6/29	*AAU (Orlando) 6/14-6/17	*AAU (Orlando) 6/14-6/17				*AAU (Orlando) 6/22-6/25				*AAU (Orlando) 6/22-6/25				

*AAU Nationals - Teams will only attend AAU's if they do not qualify for USAV Nationals and/or do not get accepted into the Patriot Division of USAV Nationals

2022-23 Club Fees

- As a 501c3 organization, we strive to keep fees as low as possible, while still reaching our mission of training and developing student athletes through competitive participation in the sport of volleyball with excellent coaching in a safe and adequate facility.
- We do not budget to make a profit, simply to pay costs associated with running a 40+ team, 400+ member club.
- We depend on all players to pay fees fully in a timely manner to ensure that we, in turn, are able to pay expenses associated with running our club.
- Club fees are payable in four installments, with 40% due on commitment date, 20% due on Jan 1, 20% due on Feb 1, 20% on March 1.

2022-23 Team and Fee Summary

Playing Level	Age	Season Length	Weekly Practices	Injury Prevention with Prime**	Total Tourn	Asst Coach/Practice Coach	Uniform Package	Fee	Due on commitment date
REN	18	Nov-April	3	2x weekly	10	Yes/Yes	A	\$4,400	\$1,760
	13-17	Dec-June	3	2x weekly	11	Yes/Yes	A	\$4,400	\$1,760
	12	Dec-June	3*	2x weekly	10	Yes/Yes	A	\$3,850	\$1,540
	11	Jan-May	2*	1x weekly	6	Yes/No	C	\$1,995	\$798
MOLTEN	18	Nov-May	3	2x weekly	10	Yes/Yes	A	\$4,400	\$1,760
	14-17	Dec-June	3	2x weekly	11	Yes/No	A	\$4,300	\$1,720
	13	Dec-May	3	2x weekly	9	Yes/No	B	\$3,050	\$1,220
	12	Dec-May	3*	2x weekly	8	Yes/No	B	\$2,850	\$1,140
PREMIER	18	Dec-May	2	2x weekly	9	Yes/No	B	\$2,750	\$1,100
	15-16	Dec-June	3	2x weekly	11	Yes/No	A	\$4,300	\$1,720
	13-14	Dec-May	3*	2x weekly	8	Yes/No	B	\$2,850	\$1,140
REGIONAL	15-16	Dec-May	3*	2x weekly	8	No/Yes	C	\$2,700	\$1,080
	13-14	Jan-May	2*	1x weekly	7	No/Yes	C	\$2,340	\$936
	12	Jan-April	2*	1x weekly	6	Yes/No	C	\$1,995	\$798
LOCAL	16 & 18	Jan-May	2*	N/A	5	No/No	D	\$1,750	\$700
	11	Jan-April	2*	N/A	5	No/No	D	\$1,400	\$560

Uniform Packages:

A - 3 jerseys, 3 practice t-shirts, 2 spandex, jacket, pants, personalized warm-up shirt

B - 3 jerseys, 3 practice t-shirts, 2 spandex, jacket, pants

C - 3 jerseys, 2 practice t-shirts, 1 spandex, jacket

D - 2 jerseys, 2 practice t-shirts, 1 spandex, jacket

Notes:

*Teams with a Sunday practice will not practice on tournament weekends.

**Injury prevention with Prime will be scheduled for 30 minutes either before or after practice.

Exception: College Prep with Prime will be scheduled for 60 minutes before practice for 16 REN, 17 REN, 18 REN, 18 Molten.

Items that are included in fees

18 REN & Molten	REN 17-13, Molten 17-14	REN 121	11 REN, 12 Regional	13 Molten	Molten 12
3 REN Custom Jerseys	3 REN Custom Jerseys	3 REN Custom Jerseys	3 REN Custom Jerseys	3 REN Custom Jerseys	3 REN Custom Jerseys
2 REN Spandex	2 REN Spandex	2 REN Spandex	1 REN Spandex	2 REN Spandex	1 REN Spandex
REN Personalized WarmUp Shirt	REN Personalized WarmUp Shirt	REN Personalized WarmUp Shirt	N/A	N/A	N/A
REN Sweatpants	REN Sweatpants	REN Sweatpants	N/A	REN Sweatpants	N/A
REN Jacket	REN Jacket	REN Jacket	REN Jacket	REN Jacket	REN Jacket
3 practice tshirts	3 practice tshirts	3 practice tshirts	2 practice tshirts	3 practice tshirts	3 practice tshirts
9 Tournaments	11 Tournaments	10 Tournaments	7/6 Tournaments	9 Tournaments	8 Tournaments
November-April Practice	December - June Practice	December - June Practice	Jan-May/Jan-April Practice	December - May Practice	December - May Practice
3 practices per week	3 practices per week	3 practices per week	2 practices per week	3 practices per week	3 practices per week
Monday Positional Training	Monday Positional Training	Monday Positional Training	N/A	Monday Positional Training	Monday Positional Training
3 Coaches	2-3 Coaches (REN - 2nd Asst)	3 Coaches	2 Coaches	2 Coaches	2 Coaches
Coach travel and pay	Coach travel and pay	Coach travel and pay	Coach travel and pay	Coach travel and pay	Coach travel and pay
College Prep Training x 2 per week	College Prep(161,171); Inj Prevention	Injury Prevention 2 x per week	Injury Prevention 1 x per week	Injury Prevention 2 x per week	Injury Prevention 2 x per week
Post Season: USAV Nationals	Post Season: USAV Nationals	Post Season: USAV Nationals	N/A	N/A	N/A
Prof. Headshot for Website	Prof. Headshot for Website	Prof. Headshot for Website	Prof. Headshot for website	Prof. Headshot for Website	Prof. Headshot for Website
Prof. Team Photo for website	Prof. Team Photo for website	Prof. Team Photo for website	Prof. Team Photo for website	Prof. Team Photo for website	Prof. Team Photo for website
*Injury Assesment	*Injury Assesment	*Injury Assesment	*Injury Assesment	*Injury Assesment	*Injury Assesment
AAU Membership	AAU Membership	AAU Membership	AAU Membership	AAU Membership	AAU Membership
*Installment Plan (no added fees)	*Installment Plan (no added fees)	*Installment Plan (no added fees)	*Installment Plan (no added fees)	*Installment Plan (no added fees)	*Installment Plan (no added fees)
Full Time Administration Team	Full Time Administration Team	Full Time Administration Team	Full Time Administration Team	Full Time Administration Team	Full Time Administration Team
Recruiting Coordinator	Recruiting Coordinator: 15s-18s	N/A	N/A	N/A	N/A
November Training	3 Nov Train / Accelerated Training	N/A	N/A	Accelerated Training	N/A
Senior Banquet	N/A	N/A	N/A	N/A	N/A

Premier 17/18	Premier 16-15	Premier 14-13	Regional 15-16	Regional 14-13	Local 11, 16, 18
3 REN Custom Jerseys	3 REN Custom Jerseys	3 REN Custom Jerseys	3 REN Custom Jerseys	3 REN Custom Jerseys	2 REN Custom Jerseys
2 REN Spandex	2 REN Spandex	2 REN Spandex	1 REN Spandex	1 REN Spandex	1 REN Spandex
REN Practice/WarmUp Shirt	REN Personalized WarmUp Shirt	N/A	N/A	N/A	N/A
REN Sweatpants	REN Sweatpants	REN Sweatpants	N/A	N/A	N/A
REN Jacket	REN Jacket	REN Jacket	REN Jacket	REN Jacket	REN Jacket
3 practice tshirts	3 practice tshirts	3 practice tshirts	2 practice tshirts	2 practice tshirts	2 practice tshirts
9 Tournaments	11 Tournaments	8 Tournaments	8 Tournaments	7 Tournaments	5 Tournaments
December - May Practice	December - June Practice	December - May Practice	December - May Practice	January - May Practice	January - April/May Practice
2 practices per week	3 practices per week	3 practices per week	3 practices per week	2 Practices per week	2 Practices per week
N/A	Monday Positional Training	Monday Positional Training	N/A	N/A	N/A
2 Coaches	2 Coaches	2 Coaches	1 Head Coach / 1 Practice Coach	1 Head Coach / 1 Practice Coach	1 Head Coach
Coach travel and pay	Coach travel and pay	Coach travel and pay	Coach travel and pay	Coach travel and pay	Coach Pay
Injury Prevention 2 x per week	Injury Prevention 2 x per week	Injury Prevention 2 x per week	Injury Prevention 2 x per week	Injury Prevention 1 x per week	N/A
N/A	Post Season: USAV Nationals	N/A	N/A	N/A	N/A
Prof. Headshot for Website	Prof. Headshot for Website	Prof. Headshot for Website	Prof. Headshot for website	Prof. Headshot for website	Prof. Headshot for website
Prof. Team Photo for website	Prof. Team Photo for website	Prof. Team Photo for website	Prof. Team Photo for website	Prof. Team Photo for website	Prof. Team Photo for website
*Injury Assesment	*Injury Assesment	*Injury Assesment	*Injury Assesment	*Injury Assesment	*Injury Assesment
AAU Membership	AAU Membership	AAU Membership	AAU Membership	AAU Membership	AAU Membership
*Installment Plan (no added fees)	*Installment Plan (no added fees)	*Installment Plan (no added fees)	*Installment Plan (no added fees)	*Installment Plan (no added fees)	*Installment Plan (no added fees)
Full Time Administration Team	Full Time Administration Team	Full Time Administration Team	Full Time Administration Team	Full Time Administration Team	Full Time Administration Team
Recruiting Coordinator	Recruiting Coordinator	N/A	Recruiting Coordinator	N/A	N/A
3 November Training Dates	3 November Training Dates	Accelerated Training: 14s	3 November Training Dates	N/A	N/A
Senior Banquet	N/A	N/A	N/A	N/A	N/A

***Injury Assessment:** Stephanie Davis, PT, DPT will be in the gym during her practice time (18 Premier) and available for injury assessments. She can be contacted outside of practice times and will be available for assessments upon request. She can be reached at stephanie.davis@starpt.com

Note: What's Not Included In Your Fees - Family Travel Costs, Player Travel Costs, USAV/SRVA Membership

FUNDRAISING

Kroger Dollars

Shop, scan your Kroger Card and receive a credit of up to 4% of everything you spend towards your club fees.

ATC Tournaments

Gate workers, door monitors, hospitality needs, etc

Scripts

Gift cards can be purchased online with a % of purchases being credited to your account.

Financial Assistance

- **Who is Eligible?**
- Need-based ONLY
- We do NOT fully fund any athletes
- Kept Private (known by Carolyn, Director, Board)
- Coaches do NOT know who is funded
- **How to Apply?**
- Available by Application- process begins by contacting Carolyn Earp
- Recipient and Amount determined by Board
- Holiday Benefit 3v3 Tournament
- **Can I donate to the Financial Assistance Fund?**
- Yes, donations are welcomed, appreciated, and tax deductible.

2022-2023 Tryouts

- Tryouts Info on Website www.alliancevbc.com
- USA Volleyball Southern Region Rules
- Offer & Commitment Process (11-14s Oct 19; 15-18s Oct 26)
- Next Step- Uniform Fitting & Parent Meeting (TBD)

Stay Connected...

- Visit our website regularly www.alliancevbc.com
 - Create an account, register for tryouts
 - Follow us on social media
 - ✓ Instagram @alliancevolleyball
 - ✓ Facebook Alliance Volleyball Club