




October “Rust Buster” Clinics


Program Description

The “Rust Buster” clinic is designed to give athletes who are looking for extra reps and gym time, in preparation for tryouts, the opportunity to train in a high tempo, structured, non-tryout environment.

“Rust Buster” will be formatted to offer skill enhancement as well as competitive, game-like situations.

A decorative graphic on the left side of the page featuring several stylized leaves in shades of brown, tan, and yellow, set against a light green background.

Suggested Participant: Any athlete planning to attend tryouts – *regardless of previous club affiliation or participation*. Participants will be trained by members of the 2021–2022 Alliance Coaching Staff.

A small decorative graphic of stylized leaves in shades of brown, tan, and yellow.


Ages: 13–under, 14–under (as of 2021–22 club season)

Meeting Dates: Monday, October 4, 6–8pm
Tuesday, October 5, 6:30–8:30pm
Wednesday, October 6, 6–8pm

* Please pay special attention to the time for each session as they vary slightly.

Coaching Staff: Lead and support coaches will include members of the 13–under and 14–under Alliance Coaching Staff.

Cost: \$150 for “All In” or \$60 for “Per Diem”

A small decorative graphic of stylized leaves in shades of brown, tan, and yellow.

Ages: 15–under, 16–under, 17–under, 18–under (as of 2021–22 club season)

Meeting Dates: Sunday, October 17, 5–7pm
Wednesday, October 20, 6–8pm
Thursday, October 21, 6:30–8:30pm

* Please pay special attention to the time for each session as they vary slightly.

Coaching Staff: Lead and support coaches will include members of the 15–under through 18–under Alliance Coaching Staff.

Cost: \$150 for “All In” or \$60 for “Per Diem”

Registration will be available through our website and will open September 1, 2021.
www.AllianceVBC.com

For additional questions, please contact Bri Legieza at blegieza@alliancevbc.com