

# High School SPRING BREAK SKILLS TRAINING

## Program Description

Clinics are designed for all High School aged athletes – regardless of club affiliation or participation – who are looking for additional touches and feedback during Spring Break. Clinics will be particularly beneficial for non-club players who are looking to brush up on their skills or just staying active and engaged during the break!

### About Karlee Lursen, Alliance 151 REN Head Coach

Karlee Lursen is currently the Head Coach of the 151 REN club team in her 4th year coaching with Alliance Volleyball Club. Karlee has also spent two years as the Assistant Coach of Alliance's 171 REN team and one year as Head Coach for Alliance's 111 REN club team. During her first three years with Alliance, Karlee was also the Assistant Coach at Belmont University where she received her Master's Degree in Sport Administration prior to coaching. Karlee played volleyball at Southeast Missouri State University for 4 years while getting her Bachelor's Degree in Multi-Media Journalism.

In her spare time, you can find Karlee out West discovering new hiking trails.



#### Date & Time

March 15th - 18th  
Monday - Thursday  
5pm - 7:30pm



#### Age

Grades 9 - 12  
Players will be grouped  
with like-age players.



#### Cost

\$ 225/player ALL-IN  
\$60/player PER DIEM

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