



## October “Rust Buster” Clinics

**Program Description:** The “Rust Buster” Clinic is designed to give athletes who are looking for extra reps and gym time, in preparation for tryouts, the opportunity to train in a high tempo, structured, *non-tryout* environment. “Rust Buster” will be formatted to offer skill enhancement as well as competitive, game-like situations.

**Suggested Participant:** Any athlete planning to attend tryouts – *regardless of previous club affiliation or participation*. Participants will be trained by members of the 2019-2020 Alliance Coaching Staff.

**Ages:** 13-under, 14-under (as of 2019-20 club season)

**Meeting Dates:** *Monday, October 7, 6:30-8:30*  
*Tuesday, October 8, 6:30-8:30*  
*Wednesday, October 9, 6:30-8:30*

**Lead Coach:** 10/7: Amber Holzer – Alliance 14 REN Head Coach  
10/8: Tatiana Alvarez – Alliance 14 TEAL Head Coach  
10/9: Lauryn Hyman – Alliance 14 Molten Head Coach

**Other Coaching Staff:** Lead coaches will be supported by other members of the 13s-14s coaching staff

**Cost:** \$150 for “All In” or \$60 for “Per Diem”

---

**Ages:** 15-under, 16-under, 17-under, 18-under (as of 2019-20 club season)

**Meeting Dates:** *Sunday, October 20, 7:00-9:00*  
*Wednesday, October 23, 7:00-9:00*  
*Thursday, October 24, 7:00-9:00*

**Lead Coaches:** 10/20: Rick Hess – Alliance 18 Molten Head Coach  
10/23: John Blair (JB) – Alliance 16 REN Head Coach  
10/24: Grant Harford – Alliance 16 Molten Head Coach

**Other Coaching Staff:** Lead coaches will be supported by other members of the 15s-18s coaching staff

**Cost:** \$150 for “All In” or \$60 for “Per Diem”

---

Registration will be available through our website and will open September 3, 2019

[www.AllianceVBC.com](http://www.AllianceVBC.com)

For additional questions, please contact Bri D’Errico at [bderrico@alliancevbc.com](mailto:bderrico@alliancevbc.com)