



October “Rust Buster” Clinics

Program Description: The “Rust Buster” Clinic is designed to give athletes who are looking for extra reps and gym time, in preparation for tryouts, the opportunity to train in a high tempo, structured, *non-tryout* environment. “Rust Buster” will be formatted to offer skill enhancement as well as competitive, game-like situations.

Suggested Participant: Any athlete planning to attend try-outs – *regardless of previous club affiliation or participation*. Participants will be trained by members of the 2018-2019 Alliance Coaching Staff.

Ages: 13-under, 14-under (as of 2018-19 club season)

Meeting Dates: *Sunday, October 7, 4:30-6:30*
Monday, October 8, 6:30 – 8:30
Wednesday, October 10, 6:30-8:30

Lead Coach: Abbey West - Alliance Assistant Director and 18 REN Head Coach

Other Coaching Staff: Abbey will be supported by other members of the 13s-14s coaching staff

Cost: \$150 for “All In” or \$60 for “Per Diem”

Ages: 15-under, 16-under, 17-under, 18-under (as of 2018-19 club season)

Meeting Dates: *Sunday, October 14, 7:00-9:00*
Monday, October 15, 7:00-9:00
Wednesday, October 17, 7:00-9:00

Lead Coaches: 10/14: Jess Enderle – 17 REN Head Coach and Alliance Recruiting Coordinator
10/15: Tatiana Alvarez – Alliance 15 REN Head Coach
10/17: John Blair – Alliance 16 REN Head Coach and Alliance Mentor Coach

Other Coaching Staff: Lead Coaches will be supported by other members of the 15s-18s coaching staff

Cost: \$150 for “All In” or \$60 for “Per Diem”

**Registration will be available through our website and will open September 17th
Alliancevbc.com**

For additional questions, please contact Carolyn Earp at cearp@alliancevbc.com