

# Alex Sealy

## 13 REN Head Coach

Admin Assistant, Social Media, Uniforms & Apparel

## **Coaching Experience:**

- Entering 7th season of coaching at the High School level.
  - o 2017-2020 Father Ryan High School
    - Freshman Head Coach
  - o 2021-2023 Ravenwood High School
    - Varsity Assistant
  - o 2023-2024 Ravenwood High School
    - Varsity Head Coach
- Entering my 8<sup>th</sup> season with Alliance coaching ages from 13's-17's.
  - 16-17 14 Premier Assistant Coach
  - o 17-18 16 Premier Assistant Coach
  - 18-19 13 Molten Head Coach, 17 Premier AC
  - o 19-20 13 Molten Head Coach, 15 Local AC
  - o 20-21 15 REN Assistant Coach
  - o 21-22 13 REN Assistant Coach
  - o 22-23 13 REN Head Coach
  - o 23-24 13 REN Head Coach

#### **Education:**

- Middle Tennessee State University
  - Bachelor of Arts in Art Education and Psychology
- 1 year at Jefferson College
- 1 year at Lander University

### **Playing Experience:**

• I played for Alliance for 6 years as a player. I played and graduated from Friendship Christian School where we earned two State Championship Titles in 2011 and 2012. I played 1 year at Jefferson College and 1 year Lander University.

#### Personal:

I have two golden retriever brothers named Winston (3 yrs) and Walter (1 yr)!

