



Sam Young

18 Molten Assistant Coach

Coaching Experience:

- Ballard High School: 3 Years
- Atherton High School: 1 Year
- Kentucky Country Day School: 1 Year
- KIVA: 3 years
- Legacy: 1 Year
- K2 Volleyball: 1 Year
- Alliance: Going on 2 years
- Spalding University: 1 year
- Tennessee Wesleyan University: 1 year
- Cumberland University: Going on 2 years

Education:

- BS in Business Administration and Accounting from Spalding University
- Masters of Science in Coaching and Fitness Leadership from the University of the Cumberlands

Playing Experience:

- Grade school/ middle school: 8 years
- Ballard High School: 4 years
- Thomas More University: 2 years
- Spalding University: 3 years

Personal:

- I am previously from Louisville, KY and currently live in Lebanon, TN. I am the assistant volleyball coach at Cumberland University. I am also the RLC for the freshman's girl dorm on campus, meaning I am in charge of the RAs and make sure all the girls are following the rules set by the university and by housing.

