

## Abbey West

Managing Director, 18 REN Head Coach

## **Coaching Experience:**

- 25 Years Experience in Southern California and Middle Tennessee
- 17 Years High School
  - Ravenwood High School, Great Oak High School, Chino Hills High School, Los Osos High School, Ayala High School
  - 2x Tennessee State Championship Runner Up
- 20+ Years Club
  - Top 10 finishes in 18 Open and 13 Open (USAV/AAU)
  - Top 5 finishes in 15s (SoCal Region)
  - 2x Gold at USAV Qualifiers
  - 3x Silver at USAV Qualifiers
  - 1x Silver USAV 18s National Championships
- 2 years Collegiate Volunteer
  - 11 years USA Volleyball National Indoor High-
- Performance Program
  - 2008 Youth National Training Team Assistant Coach - Chula Vista, CA
  - 2015 Youth National Team Apprentice Coach -Colorado Springs, CO
  - Lead Tryout Coach/Evaluator, Head Coach, Associate Head and Assistant Coach
  - Future Select, Select, Youth, Junior: A1-A3
  - USA Volleyball High Performance Championships: Select A1, Youth A1, Junior A2, Youth Continental
- 1 season Nashvillians (VLA) Volunteer Coach

## Education:

- Mt San Antonio (Fire Science)
- Cal State San Bernardino (Sports Psychology)
- Bethel University (Biology/Psychology)

## Playing Experience:

• Finished playing career at Bethel University

