

ALLIANCE RUST BUSTER CLINICS

15-UNDER, 16-UNDER, 17-UNDER, 18-UNDER IN 2024 SEASON

PROGRAM DESCRIPTION

THE RUST BUSTER CLINIC IS DESIGNED TO GIVE ATHLETES WHO ARE LOOKING FOR EXTRA REPS AND GYM TIME, IN PREPARATION FOR TRYOUTS, THE OPPORTUNITY TO TRAIN IN A HIGH TEMPO, STRUCTURED, NON-TRYOUT ENVIRONMENT. RUST BUSTER WILL BE FORMATTED TO OFFER SKILL ENHANCEMENT AS WELL AS COMPETITIVE, GAME LIKE SITUATIONS.

SUGGESTED PARTICIPANT

ANY ATHLETE PLANNING TO ATTEND TRYOUTS - *REGARDLESS OF PREVIOUS CLUB AFFILIATION OR PARTICIPATION*. PARTICIPANTS WILL BE TRAINED BY MEMBERS OF THE 2023-2024 ALLIANCE COACHING STAFF

MEETING DATES:

SUNDAY, OCTOBER 15, 4-6PM
TUESDAY, OCTOBER 17, 6-8PM
WEDNESDAY, OCTOBER 18, 6-8PM

* PLEASE PAY SPECIAL ATTENTION
TO THE TIME FOR EACH SESSION AS
THEY VARY SLIGHTLY

COST:

\$150 FOR "ALL IN" OR \$60 FOR "PER DIEM"

- *NO REFUNDS WILL BE GIVEN FOR NO-SHOWS OR CANCELLATION REQUESTS RECEIVED WITHIN 48 HOURS OF THE SESSION
- *THERE WILL BE A \$5 PROCESSING FEE PER SESSION, FOR ANY REFUNDS

**REGISTRATION WILL BE AVAILABLE THROUGH OUR WEBSITE AND
WILL OPEN SEPTEMBER 1, 2023
WWW.ALLIANCEVBC.COM**

FOR ADDITIONAL QUESTIONS
PLEASE CONTACT BRIANNA LEGIEZA AT
BLEGIEZA@ALLIANCEVBC.COM