

Alliance Volleyball Club

4th-6th Grade Training - July

ENTERING GRADES 4-6 IN THE 2022-2023 SCHOOL YEAR

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Emphasis is on technical training of the five primary volleyball skills: serving, passing, setting, attacking and defense. Training will also cover game-specific strategies such as rotations, serve receive patterns and in-system vs. out of system play. Players will be assessed throughout the training sessions and grouped with like skilled players.

TRAINING DATES, TIME AND COST

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Tuesdays and Thursdays 5-6:30PM

Tuesdays: 7/12, 7/19, 7/26 and 8/2

Thursdays: 7/14, 7/21, 7/28 and 8/4

Cost: \$225

Location: 215 Gothic Ct. Franklin, TN

HOW TO REGISTER

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To register for 4th-6th Grade Training, please visit the Alliance website, www.alliancevbc.com, and click on "Sign-In" in the top right hand corner to sign in to your Alliance account and register. If you do not already have an Alliance account, please click "Sign-In" and create your Alliance account to register.

