

## Spring Break YOUTH SKILLS TRAINING

## Lead Coach: LAIKIN RAMIREZ

## **Program Description**

Introducing and implementing volleyball fundamentals trained in a small group setting. The program will employ small group training, station work and ability - tailored instruction. We will create a cooperative learning environment for newcomers to the game or those who have limited experience but enjoy learning the game of volleyball. The goal of our training program is to cultivate the love and enjoyment of the game as skills are trained in a safe and fundamentally sound manner.



## **Date & Time**

March 14th - 17th Monday - Thursday 5pm - 7:30pm



Age

10 - 14 year olds Players will be grouped with like-age players.





www.alliancevbc.com



